

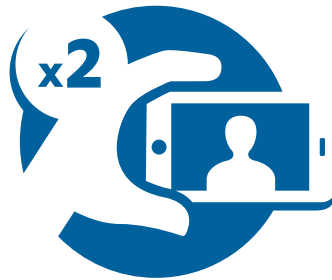


## 7 DAY SCHEDULE



### Day 1:

Take The Pledge



### Day 2:

Share 2 Training selfies



### Day 3:

Call or Text 3 People



### Day 4:

Tag 4 people on our Facebook profile picture



### Day 5:

Email 5 people



### Day 6:

Self-donate an amount containing a 6



### Day 7:

EPIC IMPACT DAY!

[THEONEDAY.ORG.AU](http://THEONEDAY.ORG.AU)

**OneDay**<sup>TM</sup>  
TO CONQUER CANCER

benefiting Peter MacCallum Cancer Centre