

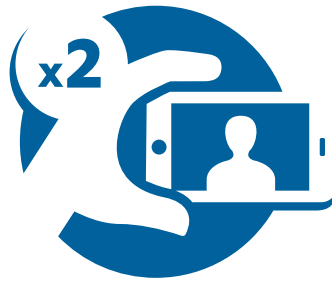


# 7 DAY SCHEDULE



## Day 1:

Take The Pledge



## Day 2:

Share 2 Training selfies



## Day 3:

Call or Text 3 People



## Day 4:

Tag 4 people on our Facebook profile picture



## Day 5:

Email 5 people



## Day 6:

Self-donate an amount containing a 6



## Day 7:

**EPIC IMPACT DAY!**

[THEONEDAY.ORG.AU](http://THEONEDAY.ORG.AU)

SUSAN SUDUK **OneDay**<sup>TM</sup>  
TO CONQUER CANCER  
Royal Brisbane and Women's Hospital